

Binding Booklets

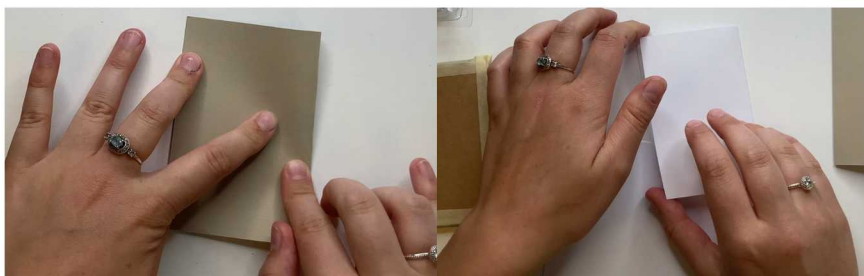
Materials in this kit:

- Book cover
- Pages
- 1 binder clip & 1 paper clip
- Needle
- Thread
- Glue stick
- Black fine-tip pen
- An assortment of paper for collage

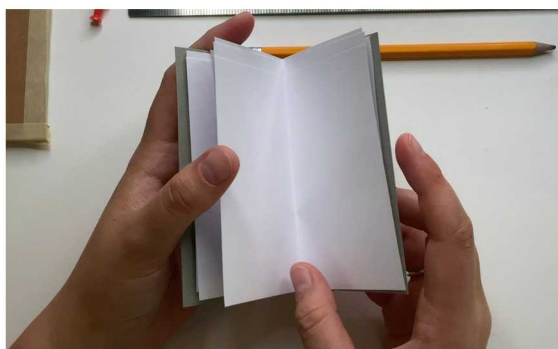
Other Materials:

- A pair of scissors
- A ruler
- A pushpin or thumbtack
- Piece(s) of cardboard
- Pencil or other writing material(s)
- Stapler with staples or tape
- Stickers
- Other collage elements

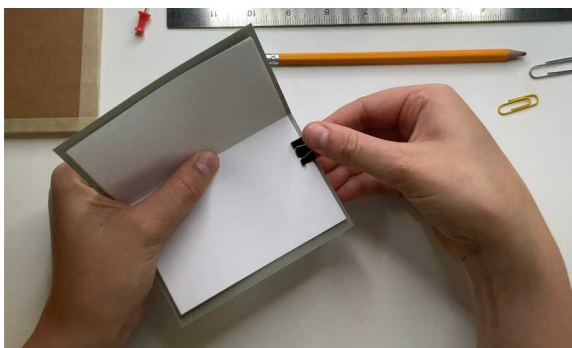
Follow along with our videos on the Judith & Norman
Alix Art Gallery YouTube channel, social media
platforms or on our website at www.jnaag.ca



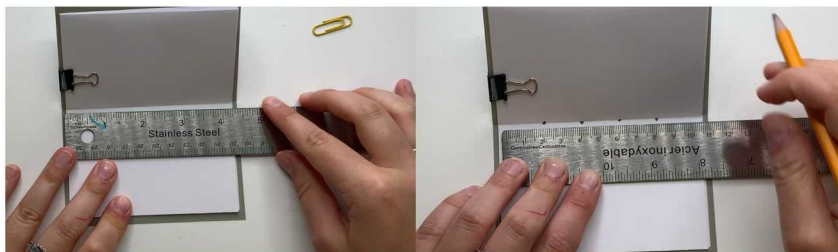
Fold the cover and each of the pages in half.



Nest the pages into each other.
Then nest the pages into the cover.



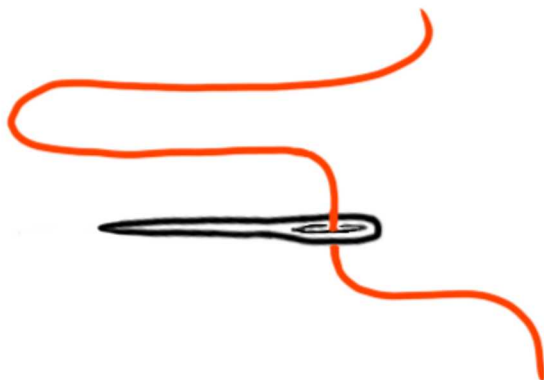
With the booklet open to its center fold,
clamp a binder clip along one side of the booklet.
This will hold all the pages in place throughout the binding process.



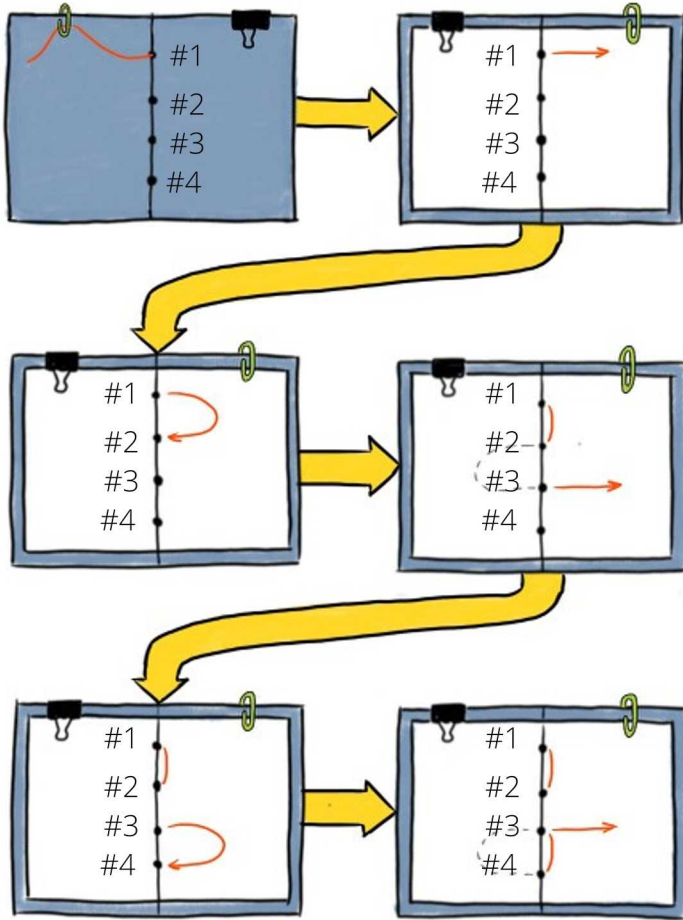
Use a ruler to measure out 4 marks along the center fold. The ruler will help you place the marks equal distances apart.



Use a thumbtack to pierce holes through the book where you marked earlier.



Thread the needle, do not tie any knots yet.



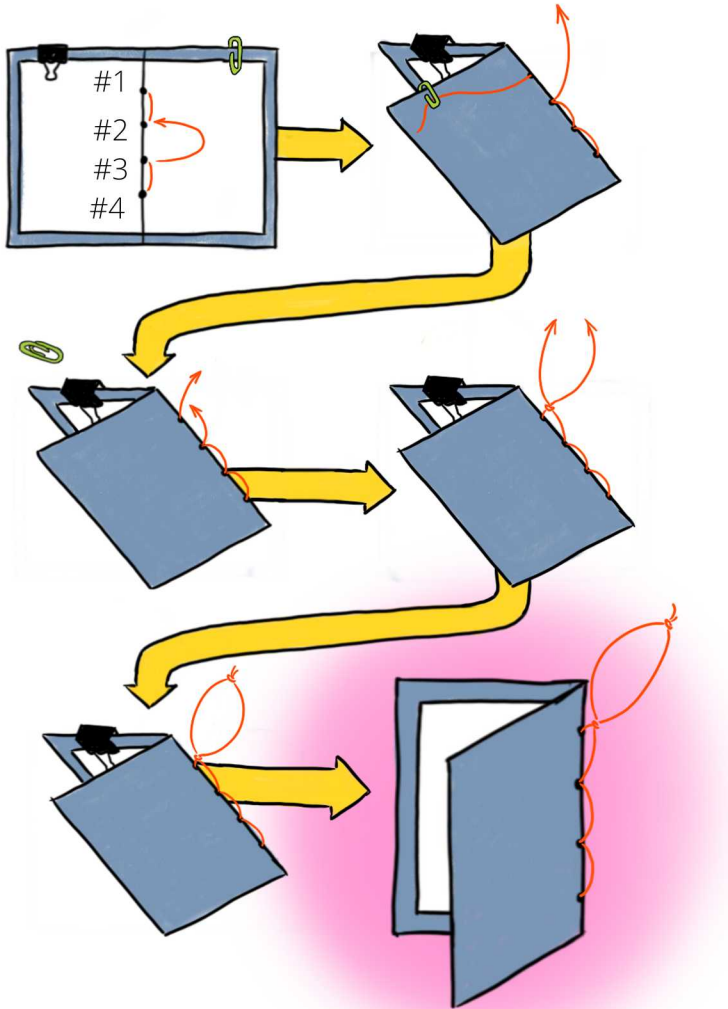
Open the book and thread through the top hole (#1) from the outside. Use a paper clip to hold the end of the thread in place.

Thread through the second hole from the top (#2) and pull the thread through until it sits snugly holding the paper.

From the outside cover again, thread through the third hole from the top (#3).

Thread through the bottom hole (#4) from the inside.

Thread through the third hole from the top (#3) from the outside.



From the inside of the book, push the needle through the second hole from the top (#2).

Make sure that the thread is holding the pages together.

Use the loose ends of the thread to tie a knot close to the top hole along the spine of the book.

Tie another knot a few inches from the first knot if you would like to be able to hang your booklet.

Now that your book is complete it is up to you what you want to put in your book – you can draw, write, collage or all three.



Collage is the art technique in which fragments of paper and other materials are arranged and glued or otherwise affixed to a supporting surface.



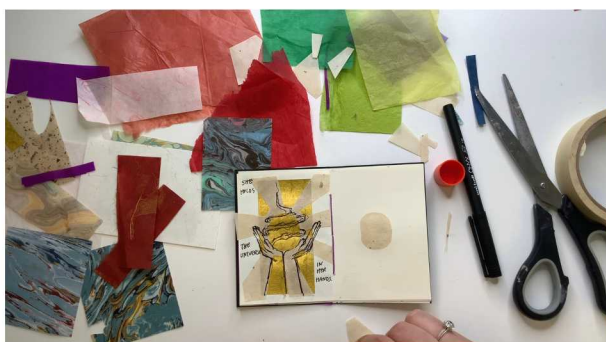
Every piece of scrap – no matter how small or cut up – could still have a purpose in your project. If you cut a circle out of a piece of paper, you now have 2 options: use the cut-out circle or use the piece of paper surrounding the cut-out circle.



When gluing paper into your book, start by spreading glue onto your paper separately then placing it into your book.



Experiment with layering by putting tissue paper over the other patterned paper in your kit or over a page in your book after you have written or drawn on it.



If you are writing in your book, experiment with your penmanship – write in capitals or all lowercase, write in cursive or create your own font entirely, what happens when you press hard or soft?



Here are some creative prompts to help you fill the pages of your book:

Don't forget – the front and back cover have space to write, draw, or cover with whatever materials you have.

Journal entry

When Jean Hay was in the Arctic she journaled every part of her day, both the exciting and the mundane. Write journal entries of every aspect of your day for a period of time – this could be an hour, a day, or a week. These journal entries could be anything from what you had for breakfast to what happened on your bus ride. If you do it – log it!

Select a theme for the book

Choose a theme for your entire booklet. Themes can be categories like outer space, flora and fauna, or things found in the kitchen. They can also be something vague like time, beauty, or chaos. Choosing a theme will help you navigate through the broad expanse that is your imagination.

Collection of short stories and illustrations

Fill your book with a handful of short stories written by you. Illustrate each of your stories.

Try writing Haiku

Haiku is a form of poetry meant to be read in one breath.

There are only three lines, totaling 17 syllables.

The first line is 5 syllables.

The second line is 7 syllables.

The third line is 5 syllables like the first.

Stream of consciousness

Stream of consciousness writing is exactly what it sounds like: grab a pen and your booklet and begin writing down whatever thoughts, phrases, feelings, or ideas that come into your mind. If you are jiving with this, you could fill up your entire book with stream of consciousness writing or limit yourself to 2-3 pages.